

# Information Pack

# PULSE





***Bringing professional dance performances into schools to inspire and educate.***

**Now taking bookings for the spring 2025 term!**

## **What is PULSE?**

PULSE is an exciting new dance touring programme for schools across **County Durham**.

Taking place over half a day, and exploring aspects of **KS2 Earth, Space and Light**, PULSE includes the opportunity for pupils to participate in a **dance workshop**, then **watch professional dance** live and close-up before finally taking part in a **post-show discussion** with the artists and creative team.

PULSE has been developed in partnership with Durham University's Astronomy Department.

PULSE also includes pre and post-activity resources and videos to help your school gain maximum benefit from the opportunity.

PULSE is led by TIN Arts, a Durham-based dance development organisation with an international reputation for delivering innovative, exciting and inclusive dance programmes and performances.



# Who is the activity for?

PULSE is designed to engage Key Stage 2 pupils to support their exploration of Earth, Space and Light.

The PULSE model is specifically designed for a single class, providing an intimate and unique, close-up experience through the workshop, performance, and post-show discussion.



# Which Key Stage 2 Science National Curriculum Statutory Objectives will PULSE help me teach?

To recognise that we need light in order to see things and that dark is the absence of light

To recognise that shadows are formed when the light from a light source is blocked by a solid object

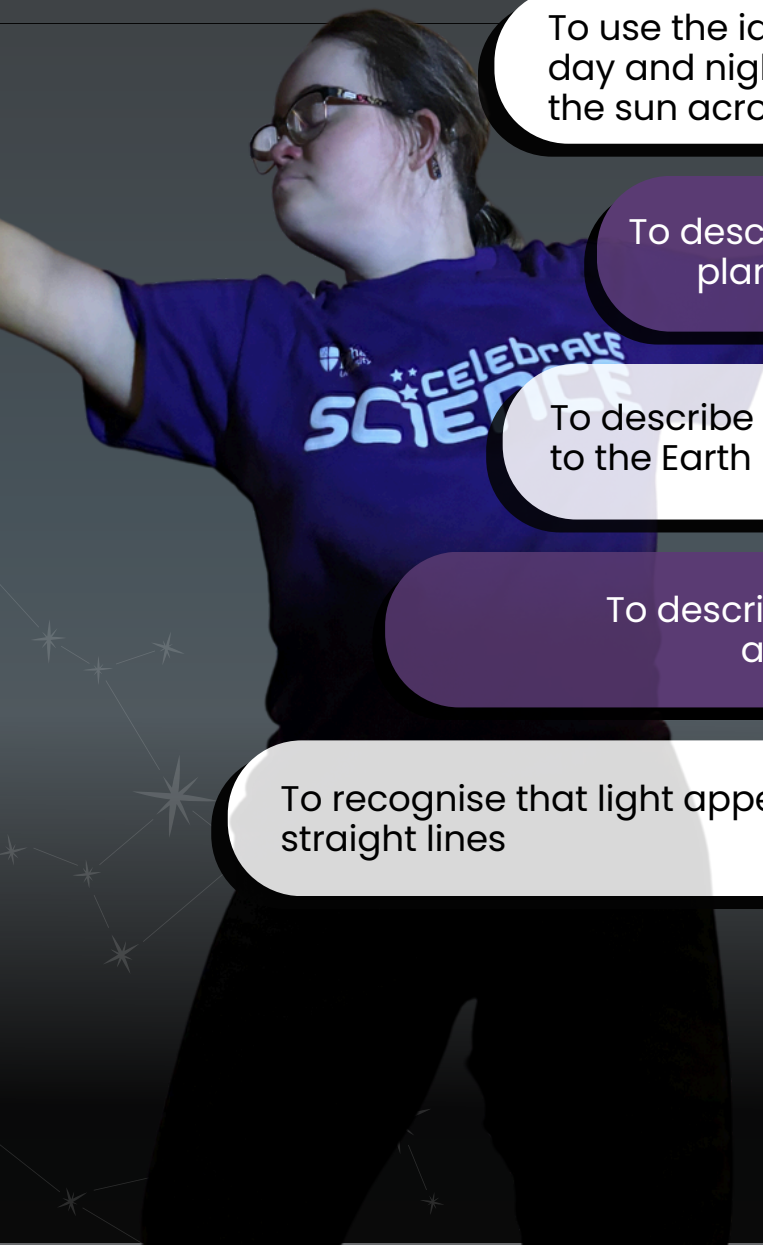
To use the idea of the Earth's rotation to explain day and night and the apparent movement of the sun across the sky

To describe the movement of the Earth, and other planets, relative to the Sun in the solar system

To describe the movement of the Moon relative to the Earth

To describe the Sun, Earth and Moon as approximately spherical bodies

To recognise that light appears to travel in straight lines





# What is the offer?

**PULSE takes place in schools over a half-day session (morning or afternoon).**

**The key components are:**

## **On the day:**

- A **dance workshop** to warm-up the mind and body and to introduce key concepts through creative play that will be present in the dance performance piece. (40 minutes)
- A **live performance** by professional dance artists (20 minutes)
- A **post-performance discussion** with artists and pupils covering the thematic content of the work as well as wider Q&A with the artists about the creative process. (30 minutes)

## **Pre-activity resources to introduce the pupils to the programme and to prepare them for the upcoming activity:**

- Access to online footage of the performance piece (short trailer) and interviews with the creative team and artists involved in PULSE
- Information sheets outlining the creative content within the performance piece and key scientific concepts that are explored

## **Post-activity resources to consolidate learning and reflect upon the activity:**

- A recorded version of the full performance piece
- Resource booklet sharing a range of activities and creative tasks the school can explore in relation to dance and the thematic content

# How does it work?

[Watch the trailer here!](#)

**Schools can register their interest and dates they would like PULSE to come to their school using this link:**

[PULSE Registration Form](#)

We will then be in touch to confirm a date and time slot.

We will send further information at least 2 weeks ahead of the session.

At a suitable point in the process the school will need to confirm which space/s are being used for the session and share photographs of the space/s so we can prepare accordingly.

The performance can take place in a hall or classroom setting (if taking place in a classroom setting, the space would need to be clear of chairs and tables and offer a minimum of 9m x 6.5m).

The production is 'stripped down' with no lights or complicated production requirements and so can be accommodated in all school settings and requires minimum set up and pack down time. We also provide our own PA system and are able to accommodate the following floor types: wood or vinyl tiles.



# Costs

PULSE costs £200 to book for your school. If financial constraints mean you may not be able to benefit from the programme, we would still like to talk to you about options for support. We encourage you to register your interest using the booking form and tick the relevant box regarding financial constraints. As PULSE is a dance-based programme, you may be able to utilise the PE and Sport Premium to meet the cost.



## Why the name PULSE?

PULSE represents the energy, rhythm, and movement at the heart of dance. It symbolises the heartbeat of the learning experience, bringing the curriculum to life through dynamic performances. It captures both the physical motion of dance and the vital, engaging force behind education, which is embodied through the programme.



# Funding

PULSE is part of 'Into the Light', a place-based creative collaboration that will drive long-lasting growth in County Durham.

Into the Light is delivered by Durham County Council in partnership with Beamish Museum, The Bowes Museum, Durham University, Ensemble '84, The Forge, No More Nowt, Northern Heartlands, Redhills CIO and TIN Arts.

It will cultivate talent, widen access to creative education, enhance the skills of the cultural workforce, and break down barriers to working in the creative industries.



# PULSE

TINARTS

INTO THE LIGHT



Durham  
University  
Science Engagement



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



Funded by  
**UK Government**



Durham  
University

CultureDurham

Visit County  
**Durham**